



# SOUTH AFRICAN WATER FITNESS ASSOCIATION

[www.sawfa.co.za](http://www.sawfa.co.za)

## Course Information 2021

Thank you for showing an interest in the SAWFA Instructors Course. Enclosed please find the information and application forms to be completed and returned as soon as possible.

<b>Course Dates</b>	Please find regional course dates on the website.
<b>Venue</b>	To be announced by regional committee.
<b>Time</b>	8:00-17:00 daily(variable).
<b>Examination Date</b>	The date will be decided at the beginning of the course. If the candidate cannot complete the exam on the date or at the venue with the other Course attendants, an extra fee of R400 will be charged for a future date and venue.
<b>Closing date for bookings</b>	To be announced by regional committee.
<b>Cost</b>	R5 950. Includes Registration fee of R400(non-refundable), SAWFA membership fee for 1 year, course manual, notes, lectures, pool sessions, refreshments and exam fee.
<b>Payment Details</b>	EFT into regional Bank account

<b>Cancellations</b>	In case of cancellation by the course participant, the registration fee of R400 will be forfeited. Exams have to be written and passed within 6 months after course commencement.
<b>Course notes and lectures</b>	All literature will be handed out at registration. The course manual, notes and lectures will be in English. The Exam paper is in English.
<b>CPR and Mentorship classes attended prior to exam</b>	<p>CPR certificate shall be handed in before exams are allowed.</p> <p><b>10 Mentorship</b> classes shall be attended before exams are allowed.</p>
<b>Mentorships (Practical hours logged)</b>	<p>10 Mentorship classes attended in a pool have to be logged and signed. Preferably by 4 different qualified Instructors. (It is recommended to do at least 5 mentorship classes before the course commences). Please ask your course coordinator for details of Instructors. Please find a mentorship sheet attached.</p> <ul style="list-style-type: none"> <li>➤ Course Participants who are not in the city where the course will be held, should allocate time before and directly after the course dates to make sure it is possible to attend enough mentorships. It might be difficult to find qualified Instructors in remote areas.</li> </ul>
<b>Certificate</b>	<p>A SAWFA Certificate of Instruction will be awarded:</p> <ul style="list-style-type: none"> <li>• On presentation of a valid CPR certificate.</li> <li>• On presentation of a complete</li> </ul>

	<p>mentorial sheet.</p> <ul style="list-style-type: none"> <li>• Successfully passing a closed book, written exam.</li> <li>• Successfully passing a practical exam, accompanied by a written lesson plan.</li> </ul>
<b>What to bring</b>	<ul style="list-style-type: none"> <li>• Swimming costumes (at least 2 per day).</li> <li>• Towels (at least 2 per day).</li> <li>• Pen.</li> <li>• Paper for additional notes.</li> <li>• Own lunch.</li> </ul>
<b>Enclosed forms</b>	<p>Course and membership application form.</p> <p>Mentorial log sheet.</p>

- It is imperative that course participants attend all lectures and pool sessions on both weekends.
- A provisional program will be provided 2 weeks prior to the start of the course.
- Information regarding guest houses and road maps available on request.
- Please note that a minimum of 6 course attendees are required for the course to go ahead. Please make sure you book before the closing date.
- We look forward to a long and happy association with you.